



Suncoast Seniors Recreational Kayak Club Inc.

Trip Sign-on Sheet

These paddles are a “Peer Activity” as defined by AC Safety Guidelines i.e. “a paddling activity where no formal instruction or guiding structure exists and it is the responsibility of each member of the group to ensure the suitability of their equipment and themselves for the activity.” Discuss with the coordinator if any clarification is required.

Paddle details: Departure point:.....

Paddling to:..... **Date:**

Starting time:

By signing this form you acknowledge:

Finish time:

1. You are a financial member of the club
2. Your kayak is seaworthy and suitable for this trip
3. You are medically fit to paddle on this trip
4. You have the skills and experience to paddle in the expected conditions.
5. You kayak at your own risk and waive all legal rights of action against SSRKC, its members and office bearers.

Distance:

Co-ordinator

	Name	Signature		Name	Signature
1			13		
2			14		
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